



Polyphenol-Rich Foods for Human Health and Disease

Guest Editors:

Dr. María-Teresa García-Conesa

Quality, Safety and Bioactivity of Plant Foods, Food Science and Technology Department, CEBAS-CSIC, P.O. Box 360, Campus de Espinardo, Espinardo, MURCIA, Spain

mtconesa@cebas.csic.es

Dr. Mar Larrosa

mar.larrosa@
universidadeuropea.es

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Message from the Guest Editors

Dear Colleagues,

The effects of plant-derived polyphenols have long been investigated using a variety of pre-clinical models that have attributed a range of, generally beneficial, biological effects to these compounds. These compounds have the potential to contribute to the maintenance of health status as well as to prevent, delay, and reduce a number of chronic diseases in humans. Despite the increasing number of published clinical studies looking at the effects of these bioactive compounds, there are still many questions to resolve. It is essential that we demonstrate the effects of the intake of these compounds on specific human subpopulations and the factors influencing these effects, that we confirm the regulation of specific disease-related biomarkers by these compounds and their derived metabolites, and that we begin to establish the link between these effects and the mechanisms of action occurring in the human body in response to the intake of polyphenols.

Dr. Maria-Teresa García-Conesa

Dr. Mar Larrosa

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Nutrients
MDPI, St. Alban-Anlage 66
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